

Akashic Records Training Outline

September 20, 2020

Class 1

- 1 - Introductions - Wendy's history with the Records and her first reading by Ruth that changed everything.
- 2 - The history of the Akashic Records and their relevance today for inner guidance.
- 3 - Discussion of Mary Parker's booklet and her understanding and history with the Records.
- 4 - Work with the protocol for opening the records: Prayers of Protection and the Holy Prayers to access your personal Akashic Records. Practice within the group.
- 5 - Introduction to the high frequency book by Debbie Ford, titled Your Holiness. Exercises and daily practice assignments to deepen one's experience with the Records.

Homework assignments

Journaling of daily practice and organizing techniques to make your progress trackable.

- 6 - Questions and answers and scheduling of the next class.

Class 2

Review the protocols and procedures for opening the Records.

Sharing of experiences with the group.

Assignments for lifting one's frequency and book work.

Q&A, scheduling the 3rd class.

Class 3

Sharing of experiences and information received from asking questions of the Records with the group.

More assignments for lifting frequency and book work for clearing away blockages to get clear answers to your questions.

Q&A